

Prodigy Wrestling Academy FS/GR Club Registration

To register online, complete the Online Waiver, and get payment information go to:

www.prodigywrestlingacademy.com/Spring-training.html

Prodigy Wrestling Academy **Freestyle T-Shirts** will be given to wrestlers who register by Thursday, April 7th!

For more information go to:
www.prodigywrestlingacademy.com

If you have any questions, please email:
prodigy.wrestling.academy@gmail.com

**Freestyle & Greco
Roman Training
March 30–May 21, 2020**

*USA wrestling card is required at the north site. All wrestlers attending the north site at Beavercreek must provide their USA wrestling card number before participating in practice.

USA wrestling cards are available for purchase at:
<https://www.usawmembership.com/login>

Coaches: If interested in getting discounted prices for your wrestlers as a Prodigy Partner school, email:
prodigy.wrestling.academy@gmail.com
for more information.

Prodigy has a no refund policy
for all wrestling programs



visit us at: www.prodigywrestlingacademy.com

South Location
Prodigy Training Center
4343 S. Dixie Hwy.
Middletown, Ohio 45005
Powerstation Gym/PWA
phone: (513) 425-8100

North Location
Beavercreek High School
2660 Dayton-Xenia Rd.
Dayton, Ohio 45434

Spring Freestyle & Greco Roman Training

March 30–May 21, 2020



Director Of Wrestling

Willie Wineberg

- 4 Time Division I State Wrestling Champion (1991-1994)–Fairfield High School
- 2 Time NCAA National Qualifier–Purdue University
- Head Wrestling Coach (1999-2014)–Miamisburg High School
- 2016 Ohio High School Wrestling Hall of Fame Inductee

Freestyle Club

Cost: \$115

Drop in fee: \$10

Greco-Roman Club

(Prodigy Site Only)

Cost: \$60

Drop in fee \$10

Drop in for **BOTH** Freestyle and Greco Sessions at Prodigy

Drop in fee \$15

Weekly Practice Schedule

Monday and Wednesdays

Prodigy Training Center at Power Station Gym

Greco-Roman Club–5:30–6:30 pm

Freestyle Club–6:30-8:00 pm

Tuesday and Thursdays

at Beavercreek

High School

Freestyle Club–6:30-8:00 pm

The Next Level in Training

Prodigy Training Center offers Freestyle AND Greco-Roman Training on Monday and Wednesday Nights. Whether training for national level tournaments or just getting your start in Freestyle or Greco, Prodigy strives to help each wrestler in their journey to reach their goals.

South Site

Prodigy Training Center

FREESTYLE

Learn the Olympic Styles of Wrestling from the best in Southwest Ohio. Prodigy gathers local high school and club coaches from around the area to train wrestlers of all levels of Freestyle experience. Split groups based on experience are used, as needed, to help each wrestler reach their maximum potential. Freestyle Training is lead by Cadet and Espoir National Freestyle Champion, **Willie Wineberg**.

GRECO-ROMAN

Each Monday and Wednesday, Greco-Roman Training is geared specifically for those wrestlers wanting to improve their upper body wrestling and positioning. Greco Training is coached by **Brian Franz**, Springboro HS Asst. Coach and Junior National Greco All-American.

COACHES INCLUDE:

Willie Wineberg-AAU.Cadet, and Espoir Freestyle National Champion, **Frank Baxter**-Fairmont HS, **Dustin Krull**-Miamisburg HS, **Brian Franz**-Springboro HS, **Alan Bair**-Centerville HS, **Wendel Donathan**-Western Brown, **Adam Meyer**-Lakota West HS and many other high school coaches.

North Site

Beavercreek HS

Another great opportunity to learn from some of the best Freestyle and Greco Coaches in Southwest Ohio. Both Freestyle and Greco will be taught throughout the Spring at the Prodigy North Site to prepare wrestlers for both styles. Prodigy North Site is coached and organized by **Gary Wise** (Beavercreek HS Head Coach and Founder of Raider Wrestling Club). **USA Wrestling Card required at North Site Only.**

COACHES INCLUDE:

Gary Wise-Beavercreek HS Head Coach, Raider Wrestling Coach Founder/Director, **Jeremy Clingner** (Beavercreek), **Mark Gerhard** (Carroll), **Steve Harris** (Beavercreek), **Kelly Stevens** (Butler), **Dennis Webb** (Beavercreek), and many more.

Registration and payment information found at:

www.prodigywrestlingacademy.com/spring-training